



Astral Lodge Residence House Rules

Dear Students and Group Leaders,

Welcome to Hastings and to Astral Lodge! We have some house rules to help to make sure that everybody enjoys their stay in Hastings and at our residence – thank you for reading them carefully and for respecting them.

1.

No food / no alcohol / no drugs (including cannabis) / no smoking anywhere in the building, or on the pavement outside the door (by law you must be a minimum of 5 metres away from the building).

2.

No chewing gum.

3.

Do not use the balconies under any circumstances if you are under 18.

4.

No running inside the hotel.

5.

Always keep the entrance to the hotel clear. Arrange to meet your friends in a different place – for example in the shelter near the hotel.

6.

No student aged under 18 is allowed to stay in the hotel without an adult group leader being on the premises.

7.

Laundry: Astral Lodge provides a laundry service – please ask at reception. Do not hang clothes or towels out of the windows or in your room.

8.

Be considerate: Noise levels should be kept to a minimum. No shouting or screaming at any time. After 23:00 you must be quiet as others are trying to sleep.

9.

Keep your room tidy, and make your bed every day – remember that you are sharing your room with other people.

10.

For your security please make sure that you always close the door when you leave the hotel.



11.

Individual students aged 13 and 14 must return to the residence by 21:00 in the evenings. Students aged 15 to 17 must return by 22:00. Students aged 12 or under cannot leave the residence without an adult supervision.

12.

Nobody, who is not a registered guest, can come into the hotel at any time. Your friends or relatives must wait for you outside.

13.

Bathrooms will be serviced, and bins emptied, daily between 09:30 and 13:00. The Hotel is closed to guests at this time.

14.

Rooms will be fully cleaned once per week, and sheets will be changed – make sure that you do not leave clothes or other things on your bed.

15.

For your safety please make sure that you read the 'Fire Notices' in each bedroom, so that you know where the fire exits are located.

16.

Fire extinguishers are also provided for your safety. Please note that if fire extinguishers are misused, you will need to pay for a replacement.

17.

Please report problems to reception as soon as possible – for example if there is something that is not working in your room, or there are any damages.

18.

On your day of departure, you must leave your room by 10:00, but if your departure is much later please talk to the manager who may be able to arrange for your luggage to be stored, all beds should be stripped of the sheet, pillow case and duvet cover and these items placed in a pile in the middle of the room.

19.

**THE MANAGEMENT ACCEPTS NO RESPONSIBILITY FOR MONEY OR ITEMS OF VALUE
UNLESS THESE ARE PLACED IN THE OFFICE SAFE.**

The management reserves the right to evict anybody behaving in an unacceptable way.